

Starters

TANDOORI MIX KEBAB	£3.95
1/4 TANDOORI CHICKEN	£2.95
TANDOORI LAMB CHOPS	£3.95
SHAMME KEBAB	£2.95
SHEEK KEBAB	£2.95
RASHMI KEBAB	£2.95
CHICKEN TIKKA	£2.95
LAMB TIKKA	£2.95
CHICKEN OR LAMB PUREE	£2.95
PRAWN ON PUREE	£2.95
KING PRAWN PUREE	£3.95
KING PRAWN BUTTERFLY	£3.95
CHICKEN CHAT	£2.95
CHICKEN PAKORA	£2.95
KEBAB PUREE ROLL	£3.95
SAMOSA (Meat or Vegetable)	£2.95
ONION BHAJEE	£2.95
DALL SOUP	£2.95
GARLIC MUSHROOM	£2.95
ALOO CHAT	£2.95
CRUNCHY POTATO	£2.95
FISH SPRING ROLL	£2.95
CHICKEN OR LAMB TIKKA ROLL	£3.95

Tandoori Special

Main course prepared in clay oven, marinated in delightfully delicate spiced yoghurt for 24 hours to tenderise the meat and give it a seductive flavour and tantalising aroma. All these dishes are served with green salad and yoghurt dressing.

TANDOORI CHICKEN (Half)	£5.95
CHICKEN TIKKA	£5.95
LAMB TIKKA	£5.95
TANDOORI KING PRAWN	£8.95
CHICKEN OR LAMB SHASHLICK	£6.95
With grilled peppers and onion.	
TANDOORI MIX GRILI	£8.95
Mixture of tandoori dishes with nan bread.	
SHEEK KEBAB	£5.95
TANDOORI PLATTER	£9.95

Biriany Dishes

Biriany dishes are made from special flavoured basmati rice and garnished with cucumber and tomatoes. Served with medium vegetable curry.

CHICKEN OR LAMB BIRIANY	£6.95
CHICKEN OR LAMB TIKKA BIRIANY	£7.95
PRAWN BIRIANY	£6.95
KING PRAWN BIRIANY	£8.95
MIX BIRIANY Chicken tikka, lamb tikka & prawn	£7.95
VEGETABLE BIRIANY	£6.95

Set Meal

For Two Persons

2 Papadoms, 1 Chicken Tikka (ST), 1 Onion Bhajee (ST), 1 Chicken Tikka Massala, 1 Lamb Pathia, 1 Mushroom Bhaji, 1 Aloo Sag, 2 Pilau Rice, 1 Nan bread.

Only £22.95

Chefs Specialities

CHICKEN OR LAMB TIKKA MASSALA	£6.95
Pieces of spring chicken marinated in spices, grilled in tandoori, then cooked with special yoghurt and tomatoe sauce.	
TANDOORI CHICKEN MASSALA (off the bone)	£6.95
Half spring chicken grilled over charcoal, cooked in mildly spiced oriental sauce and yoghurt and fresh cream.	
CHICKEN, LAMB PASSANDA OR GARLIC HANDI PASSANDA	£6.95
Thin pieces of chicken or lamb fillet marinated in spices and yoghurt and cooked in curry with herbs.	
KING PRAWN DELIGHT	£8.95
Charcoal grilled king prawn cooked in creamy sauce slightly spicy.	
CHICKEN, LAMB OR PRAWN JALFREZI	£6.95
Pieces of chicken, lamb or prawns cooked in chopped onions, ginger, capsicum, green chillies and special spices.	
KING PRAWN JALFREZI	£8.95
King prawns cooked in chopped onions, ginger, capsicum, green chillies and special spices.	
KARAHI CHICKEN / KARAHI LAMB	£6.95
Medium or hot. Marinated in spices and cooked in medium rich gravy with tomatoes, capsicum and served from iron karahi.	
SHONAR BANGLA	£6.95
Slices of spring chicken or lamb marinated on a Tandoori grill then cooked with special Bangla red chillies, onions, tomatoes and green peppers in a hot sauce.	
CAPTAINS PATHILA (hot) Chicken or lamb	£6.95
Tender strips of chicken or lamb prepared with very special herbs and spices including coriander, mint garlic and yoghurt in rich tangy sauce. This really is an exotic and flavoursome dish.	
CHICKEN PONIR WALA	£6.95
Pieces of breast of chicken tossed with minced lamb and home cottage cheese, ginger and light spice.	
CHICKEN OR LAMB ZHUNAKI Chicken or lamb tikka	£6.95
cooked with chopped onion, green chilli, capsicum in selected spices.	
CHICKEN, LAMB MAKHANI OR GARLIC HANDI MAKHANI	£6.95
Very mild and rich with pistachios and cashew nuts, very creamy.	
BUTTER CHICKEN	£6.95
Rich & creamy dish with butter, very mild with almond and cashew nuts.	
MUGHLAI CHICKEN	£6.95
Mild creamy dish with eggs, sultanas and marinated chicken.	
CHICKEN REZELA / LAMB	£6.95
A delicate but rich sauce is the main feature of this dish where saffron, green chillies and youghurt have been generously used.	
MURGI MASSALA (Off the bone) (medium to mild)	£6.95
Half spring chicken cooked with mince meat & special spices	
CHICKEN OR LAMB CHILLI MASSALA (Very hot)	£6.95
cooked with fresh ground green chilli and coriander in thick gravy.	
CHICKEN OR LAMB MORICHA	£6.95
Cooked with green chillies, green peppers & tandoori sauce.	
TANDOORI KING PRAWN MASSALA	£8.95
King prawn grilled over charcoal cooked in mildly spiced oriental sauce with yoghurt, dressed with fresh cream.	
KUFTA KHANA	£6.95
Minced lamb rolled into balls, roasted and cooked again in a thick medium spicy curry sauce.	
MURGI CHANA MASSALA	£6.95
Chicken marinated in spices and cooked with chick peas with thick gravy. Medium or hot.	
GUSHT KATA MASSALA	£6.95
Pieces of lamb marinated in spices & yoghurt, cooked in a special gravy with green chillies.	
ACHARI (Chicken or Lamb)	£6.95
Cooked in a rich mixed pickle sauce, fresh ginger & mustard.	
JEERA CHICKEN OR LAMB	£6.95
Medium hot, prepared with special spices, cumin is generously used.	
GARLIC HANDI SHOBZI	£6.95
Consists of all vegetables, very dry spiced & garnished with garlic, onions and corriander.	
BAKARA (Chicken, Lamb or Garlic Handi)	£6.95
Pieces of chicken or meat grilled over charcoal, cooked with special spices.	
TANDOORI MIX CURRY (Off the bone)	£6.95
Tandoori chicken, chicken tikka and sheek kebab cooked together in a specially prepared sauce, heavy spices, fried onion, fried ginger sauce, garlic sauce, mint yoghurt, curry powder and coriander.	

Chicken Dishes

CHICKEN CURRY (Medium)	£4.95
CHICKEN KORMA	£4.95
Chicken flavoured with kashmiri herbs & cooked with mild spices & cream.	
CHICKEN BHOONA	£4.95
Well spiced with green peppers, tomatoes and thick gravy.	
CHICKEN MADRAS (Fairly hot)	£4.95
CHICKEN VINDALOO (Very hot)	£4.95
Prepared with chilli, garlic, lemon juice & potatoes.	
CHICKEN DANSAK	£4.95
Sweet, sour and slightly hot, cooked with lentils and herbs.	
CHICKEN ROGAN JOSH	£4.95
Medium tender chicken, cooked with spices and garnished with tomatoes and green peppers.	
CHICKEN DUPIAZA	£4.95
Cooked with fried onions and mildly spiced gravy.	
CHICKEN MALAYA OR KASHMIR	£4.95
These dishes are medium to mild. Malaya is cooked with pineapple. Kashmir is cooked with lychee.	
SAG CHICKEN	£4.95
Chicken cooked with spinach and spices in clarified butter.	
GARLIC CHICKEN OR GARLIC HANDI PIAZI	£6.95
Well spiced cooked with fresh garlic and herbs.	
CHICKEN AND MUSHROOM BHOONA	£6.95
Well spiced in rich sauce cooked with mushroom.	
CHICKEN PATHIA	£4.95
Nicely spiced flavoured chicken, fairly moist and slightly sweet, sour & hot.	

Lamb Dishes

LAMB CURRY (Medium)	£4.95
LAMB KORMA	£4.95
Lamb flavoured with kashmiri herbs & cooked with mild spices and cream.	
BHOONA GUSHT	£4.95
Well spiced with green peppers, tomatoes and thick gravy.	
LAMB MADRAS (fairly hot)	£4.95
LAMB VINDALOO (very hot)	£4.95
Prepared with chilli, garlic, lemon juice & potatoes.	
LAMB DANSAK	£4.95
Sweet, sour and slightly hot, cooked with lentils and herbs.	
ROGAN GUSHT	£4.95
Medium tender lamb cooked with spices and garnished with tomatoes and green peppers.	
LAMB DUPIAZA	£4.95
Cooked with fried onions and mildly spiced gravy.	
LAMB MALAYA OR KASHMIR	£4.95
These dishes are medium to mild. Malaya is cooked with pineapple. Kashmir is cooked with lychee.	
SAG GUSHT	£4.95
Lamb cooked with spinach and spices in clarified butter.	
GARLIC LAMB OR GARLIC HANDI PIAZI	£6.95
Well spiced, cooked with fresh garlic and herbs.	
LAMB PATHIA	£4.95
Nicely spiced flavoured. Lamb fairly moist and slightly sweet, sour and hot.	
METHI GUSHT	£6.95
Lamb cooked with methi leaves and green herbs, nice and spicy.	
METHI GUSHT JALFREZI	£6.95
Thin lamb fillet cooked with methi leaves and fresh green chillies with Khushbu spices.	

Wilstead Special

CHICKEN OR LAMB TIKKA CURRY (Madras or Vindaloo)	£6.95
CHICKEN OR LAMB TIKKA KORMA	£6.95
CHICKEN OR LAMB TIKKA DANSAK OR BHOONA	£6.95
CHICKEN OR LAMB TIKKA ROGAN JOSH OR DUPIAZA	£6.95
CHICKEN OR LAMB TIKKA GARLIC OR MUSHROOMS	£6.95
CHICKEN OR LAMB TIKKA SAGWAALA	£6.95

Seafood Dishes

PRAWN CURRY Medium, madras or vindaloo	£4.95
PRAWN BHOONA	£4.95
Well spiced with green peppers and tomatoes	
PRAWN KORMA	£4.95
Prawns flavoured with kashmiri herbs, cooked with mild spices and cream.	
PRAWN PATHIA	£4.95
Nicely spiced flavoured prawns, fairly moist & slightly sweet, sour and hot.	
PRAWN DUPIAZA	£4.95
Cooked with fried onion and mildly spiced.	
PRAWN CEYLON (Very hot)	£4.95
PRAWN MUSHROOM CURRY (Medium)	£4.95
PRAWN DANSAK	£4.95
Prawns cooked with lentils and herbs, slightly sweet sour and hot.	
PRAWN SAG	£4.95
Prawns cooked with spinach and spices in clarified butter.	
KING PRAWN BHOONA	£7.95
Well spiced with green peppers, tomatoes and thick gravy.	
KING PRAWN CURRY Medium, madras or vindaloo	£7.95
KING PRAWN DUPIAZA	£7.95
Cooked with fried onions and mildly spiced gravy.	
KING PRAWN & MUSHROOM BHOONA	£7.95
Well spiced in rich sauce cooked with mushrooms.	
KING PRAWN KORMA	£7.95
Prawns flavoured with kashmiri herbs and cooked with mild spice & cream.	
KING PRAWN SAG	£7.95
King prawns cooked with spinach and spices in clarified butter.	
KING PRAWN DHANSAK	£7.95
King Prawns cooked with lentils and herbs, slightly sweet, sour and hot.	
KING PRAWN PATHIA	£7.95
Spicy flavoured king prawns. fairly moist & slightly sweet, sour and hot.	
BENGAL FISH MASSALA (Fresh Water Fish)	£7.95
BENGAL FISH BHOONA (Medium Hot)	£7.95
BENGAL FISH ZALFREZI (Hot)	£7.95

Balti Dishes

Balti is a deep dish in which the food is prepared. It differs from normal curries because the exotic collection of fresh spices and herbs used to create a thicker, richer and distinctive flavour. Balti dishes originate from Kashmir in northern India. All Balti dishes are freshly made prepared medium strength. Served with plain nan bread.

WILSTEAD SPECIAL BALTI	£8.95
Charcoal grilled spring chicken, tender lamb cooked together with special balti spices and herbs.	
BALTI CHICKEN OR LAMB	£6.95
Spring chicken or lamb cooked with special balti spices and herbs.	
BALTI CHICKEN TIKKA DUPIAZA	£7.95
Charcoal grilled spring chicken cooked with special balti spices and garnished with a layer of fried onions and variety of herbs.	
BALTI CHICKEN TIKKA REJALIA	£7.95
Charcoal grilled spring chicken cooked with special balti spices and garnished up with tomatoes, green pepper, onions and herbs.	
BALTI MIXED VEGETABLE	£6.95
Mixed vegetable cooked with special balti spices and herbs.	
BALTI KING PRAWN MASSALA	£8.95
King prawns cooked with special balti spices and herbs.	
BALTI CHICKEN OR LAMB TIKKA MASSALA	£7.95
BALTI MUSHROOM Chicken, lamb or prawns	£7.95
BALTI GARLIC Chicken, Lamb or prawns	£7.95
BALTI SAG Chicken, lamb or prawns	£7.95
BALTI PRAWN	£7.95
BALTI HARI MIRCHI	£7.95
Pieces of spring chicken or fillet of lamb cooked with Khasa Morris, Khasa Piaz and special Moja Balti spiced sauce. Can be served medium or hot only.	
BALTI MONCHURIAN	£7.95
Tender pieces of chicken breast cooked with lamb mincemeat, Khasa Piaz in a thick sauce garnished with fresh coriander.	

Vegetable Dishes

VEGETABLE CURRY	£2.95	BOMBAY ALOO	£2.95
Mixed Vegetables with spices.		Potatoes cooked with butter, slightly spiced.	
ALOO GOBI	£2.95	ALOO SAG	£2.95
Fresh cauliflower & potatoes with mild spices		Potato and spinach mixed.	
BHINDI or BRINJAL BHAJEE £2.95		TARKA DAAL	£2.95
Fresh okra or aubergine cooked with fried onion & tomatoes, slightly spiced.		Spiced lentils with garlic	
NIRAMISH	£2.95	VEGETABLE SAMBER	£2.95
Mixed fresh vegetables cooked with herbs and delicate spices.		Sweet and sour, hot with lentils and mixed vegetables.	
FRENCH BEANS BHAJEE £2.95		SAG PANEER	£2.95
French beans cooked with spices		Spinach cooked with home made cheese.	
CAULIFLOWER BHAJEE £2.95		MOTAR PANEER	£2.95
Fresh cauliflower cooked in spices.		Peas cooked with home made cheese.	
MUSHROOM BHAJEE £2.95		ALOO PANEER	£2.95
Fresh mushroom cooked in spices.		Potatoes cooked with home made cheese.	
VEGETABLE BHAJEE	£2.95	DALL MASSALA	£2.95
Mixed vegetable with spices.		SAG CHANA BHAJEE £2.95	
CHANA BHAJEE	£2.95	RAITHA	£1.00
Chick peas cooked with spices.		Cucumber or onion or yoghurt.	
SAG BHAJEE	£2.95		
Fresh spinach cooked in butter, slightly spiced.			

Rice Dishes

RICE	£1.95	SPECIAL FRIED RICE	£2.95
Boiled basmati		With spices, eggs, peas & carrots.	
PILAU RICE	£2.50	VEGETABLE PILAU RICE £2.95	
Pure basmati rice in spices & saffron.		Rice cooked with fresh vegetables.	
CHANA RICE	£2.95	GARLIC RICE	£2.95
Cooked with chick peas and spice.		Cooked with fresh garlic & spices.	
AKHANI PILAU	£2.95	SHAHI PILAU RICE	£2.95
Slightly spiced with mince meat.		An aromatic pilau with nuts.	
MUSHROOM RICE	£2.95	LEMON RICE	£2.95
Rice cooked with mushrooms.		Cooked with fresh lemon	

Sundry Dishes

NAN	£1.80	PARATHA	£1.95
Leavened bread freshly made.		Thick multi layered fried bread.	
PESHWARI NAN	£1.95	KEEMA PARATHA	£1.95
Nan prepared with nuts and fruits.		Fried bread stuffed with mince meat.	
KULCHA NAN	£1.95	STUFFED PARATHA	£1.95
Spiced vegetables.		Fried bread stuffed with vegetables.	
KEEMA NAN	£1.95	CHAPATI	£0.95
Freshly baked with mince meat.		Soft thin Indian bread, not fried.	
GARLIC NAN	£1.95	PLAIN PAPADOM	£0.50
Freshly baked with garlic.		SPICED PAPADOM	
CHICKEN & CHILLI NAN £1.95		PUREE	
CHEESE NAN		£0.90	
GARLIC & KEEMANAN £2.20		CHUTNEY & PICKLE	
		Mango / lime / mixed pickle (each)	

English Dishes

CHICKEN & CHIPS	£4.95	FRIED MUSHROOMS	£2.95
FISH & CHIPS	£4.95	GREEN SALAD	£1.50
OMELETTE	£4.95	CHIPS	£1.50

If there is any dish you would like, which is not listed on the menu, kindly enquire. Our staff will endeavor to accommodate your needs. All chicken is breast meat off the bone except where stated. The management reserves the right to refuse service without reason. All major credit cards accepted. Cheques are accepted only with a valid cheque guarantee card.

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